



P

PREPARATION

PREPARE A BUDGET, PREPARE A DAILY WORK ROUTINE, PREPARE FOR INTERVIEWS

E

EFFORT

IT WILL REQUIRE PHYSICAL AND MENTAL EFFORT AND DEDICATION BUT IT WILL BE WORTH IT

R

RESILIENCE

SETBACKS HAPPEN BUT BUILDING RESILIENCE BREEDS THE POWER TO BOUNCE BACK

S

SELF BELIEF

THAT EXTRA BIT OF SELF BELIEF AND POSITIVITY CAN HELP YOU GET THERE

E

ENERGISE

ENERGISE YOURSELF – EXERCISE, EAT HEALTHY AND SLEEP WELL

V

VISION

YOUR VISION IS YOUR NORTH STAR AND YOUR INTUITION WILL HELP GUIDE YOU THERE

E

ENLIGHTEN

SHARE YOUR PASSION AND EXPERTISE. ENLIGHTEN YOUR PEERS AND POTENTIAL EMPLOYERS

R

REFLECT

REFLECT ON YOUR JOB SEARCH STRATEGY, TRY OUT CREATIVE WAYS TO REACH YOUR GOAL

E

ENGAGE

ENGAGE WITH FRIENDS, FAMILY, NETWORK, COACH AND PROFESSIONAL ORGANIZATIONS